

**East West Martial Arts
Vocabulary Testing Sheet**

White Belt-Yellow Stripe

Korean	English	Numbers	Ten Commandments of TKD
Dobak	uniform	1 hanna	1. Strong Spirit
Dojang	workout area	2 dool	2. Effort
Kwan Jang Neem	Grand Master	3 set	3. Patience
Sa Bum Neem	Instructor	4 net	4. Attitude
Sun Bae Neem	High belt	5 dasut	5. Self Confidence
Kooki	Flag	6 Yausut	6. Respect for the National Flag
Chariot	Attention	7 Ilgop	7. Respect for Instructor and Parents
Kyungye	Bow	8 yudaull	8. Respect for higher ranking belts
Joonbe	Ready	9 Ahop	9. Never misuse TaeKwonDo techniques
Seejack	Begin	10 Yul	10. There is no defeat only victory
Area Makki	Low block		
Momtong Makki	Middle block		
Eolgoll Makki	High Block		
Ap Chagee	Front Kick		
Yop Chagee	Side Kick		
Dolyuh Chagee	Round house kick		

Why Do You Take Tae Kwon Do?

Strong mind, strong body, self defense

Yellow Belt- Orange Belt

(All terms above also)

Korean	English	Numbers
Duiro Dora	turn around	20 Sumul
Kiyup	Yelling	30 Sorhun
Bal Bakaso	Switch Legs	
Goman	End	
Shier	Rest	
Joochoom Seogi	Horse Riding Stance	
Apseogi	Walking stance	
Apkoobi	Front Stance	
Dui Koobi	Back stance	

Green Belt-Brown Belt

(All terms above also)

Korean	English	Numbers
Diudora chagee	back kick	40 Marhun
Bal Allyuh Chagee	Rising kick	50 Shehun
Ilbo Daeryun	Sparring Stance	
Joochoom Seogi Jererugee	Horse riding stance punch	
Junjeen	Step forward	
Foojeen	Step backward	
Han Son Nal Makki	Single knife hand block	
Yon Son Nal Makki	Double knife hand block	
Pakat Makki	Fist Block	
Sangsoo	Twin Hand Block	

Red Belt-Black Belt

(All terms above also)

Korean	English	Numbers
Pyun Son keut	Speer hand	60 Yesin
Anpalmok	Inner wrist	70 Ilhun
Pakat Palmok	outer wrist	80 Yedun
Batang Son	Side Block	90 Ahun
Deung Joomeok	Back Fist	100 Bak
Kyukpa	Breaking	
Hooshinsool	Self defense techniques	
Poomse	Form	
Gawison Keut	Double Speer hand	
Ahn Nyung Ha Shim Nee Ka	Hello, how are you?	
Ahn Nyung Hee Kei Sheep See yo	Goodbye, so long	